

# Self Love Mantra



*I love and accept myself*

*I love and respect myself*

*I love and cherish myself*

*I love and nurture myself*

*I love and honour myself*

*I love and trust myself*

*I open my heart to love and allow all good positive things,  
people, circumstances, and events to enter my life*

*I am ready and open to receive*

*I am LOVE*

